

CPD questionnaires must be completed online at <https://members.samedical.org/>

Please note: The change in CPD question format comes from the accreditation bodies, who have informed us that CPD questionnaires must consist of a minimum of 5 questions, 80% of which should be MCQs with a minimum of 4 options and only 20% of which may now be in the form of 'True or false' answers.

MCQs may be of 'single correct answer' or 'multiple correct answer' format. Where the question states that more than one answer is correct, choose more than one of *i, ii, iii* or *iv* (anything from two to all answers may be correct), and then select the correct combination from answers a, b, c or d. Where the question states that only one answer is correct, mark the single answer that you think is correct.

Regarding engagement in antenatal and HIV care among pregnant women before and after Option B+ policy implementation

1. What do the World Health Organization guidelines for high-quality antenatal care in low- and middle-income countries specify regarding the first contact with pregnant women living with HIV? (one answer is correct)
- It should occur periconceptually.
 - It should occur within the first trimester.
 - It should occur within the second trimester.
 - It should occur within the third trimester.

Regarding costing the national clinical guidelines for prostate cancer control and management in South Africa

2. What is the most common cancer in males in South Africa (SA)? (one answer is correct)
- testicular cancer
 - prostate cancer
 - scrotal cancer
 - spermatic cord cancer.
3. In which age group is prostate cancer the highest among males in SA?
- 50 - 69 years
 - 60 - 79 years
 - 70 - 89 years
 - 80 - 99 years.

Regarding gender-affirming care in South Africa

4. Which of the following statements are correct regarding transgender and gender-diverse people? (more than one answer is correct)
- Their gender identity differs from their sex assigned at birth.
 - They include non-binary individuals.
 - They have a high prevalence of adverse health outcomes.
 - They are exposed to the same rates of violence as the general population in SA.
- i, ii, iv*
 - ii, iii, iv*
 - i, iii, iv*
 - i, ii, iii.*

5. Which of the following is an example of social transition? (one answer is correct)
- changing name
 - official change to sex description in identity documents
 - breast binding
 - hormone therapy.

Regarding community experiences of surgery in peri-urban Cape Town

6. What is the estimated number of annual deaths from surgically treatable conditions? (one answer is correct)
- 14 million
 - 15 million
 - 16 million
 - 17 million.

7. What does acceptability of care refer to? (one answer is correct)
- a measure of how appropriate people find a healthcare intervention
 - a measure of the quality of care
 - a measure of the quantity of care
 - a measure of the ethics of care.

Regarding the profile of deliberate self-poisoning admissions in KwaZulu-Natal Province

8. What is the leading method of suicide among men? (one answer is correct)
- poisoning
 - drowning
 - hanging
 - drug overdose.
9. Which pharmaceutical agent is the most frequently ingested toxin in patients attempting suicide? (one answer is correct)
- antiretrovirals
 - antidepressants
 - sedatives
 - paracetamol.

A maximum of 3 CEUs will be awarded per correctly completed test.

INSTRUCTIONS

- Read the journal. All the answers will be found there.
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Regarding e-cigarette, cannabis, hookah and tobacco use patterns in fee-paying South African high schools

10. Which of the following are examples of inhaled substances used by adolescents? (more than one answer is correct)

- i.* vapes
- ii.* hookah
- iii.* alcohol
- iv.* cannabis.

- a. *i, ii, iii*
- b. *ii, iii*
- c. *i, ii, iv*
- d. *i, iv.*

Regarding persistent hypertension, albuminuria and low glomerular filtration rate in schoolchildren in Kano metropolis, Nigeria

11. Which of the following are suggestive of kidney disease? (more than one answer is correct)

- i.* persistent hypertension
- ii.* persistent glycosuria
- iii.* persistent albuminuria
- iv.* persistent low estimated glomerular filtration rate.

- a. *i, iii, iv*
- b. *ii, iii, iv*
- c. *i, ii, iii, iv*
- d. *i, ii.*

Regarding the rise of invalidation in medicine

12. What is medical gaslighting? (one answer is correct)

- a. a term that describes what happens when patients' symptoms are systematically dismissed, minimised, or misattributed
- b. a situation that always arises from malice
- c. a situation that arises as a result of patients losing their sense of identity
- d. a situation that arises as a result of patients doubting their own reality.

Regarding taking medicolegal mediation from principle to practice

13. What are the advantages of mediation as an alternative dispute resolution strategy? (more than one answer is correct)

- i.* It is non-adversarial.
- ii.* It is cost-efficient.
- iii.* It is time-efficient.
- iv.* It is a conciliatory process.

- a. *i, iii, iv*
- b. *ii, iii, iv*
- c. *i, ii, iii, iv*
- d. *i, ii.*

Regarding reimagining a unified, integrated HIV response in South Africa

14. How many preventable deaths were there because of AIDS denialism and a failure to provide evidence-based treatment for HIV between 1999 and 2008? (one answer is correct)

- a. >300 000
- b. >400 000
- c. >500 000
- d. >600 000.

Regarding the association between depot medroxyprogesterone acetate and meningiomas

15. Which of the following are risk factors for the development of meningiomas? (more than one answer is correct)

- i.* advancing age
- ii.* obesity
- iii.* neurofibromatosis
- iv.* male sex.

- a. *i, ii*
- b. *i, ii, iii*
- c. *ii, iii*
- d. *i, ii, iv.*

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